

O God, the maker of us all, we pause at the ending of a very full day to thank you for life itself; for the wonders of existence, for our family and friends; for the food we are about to enjoy; we thank you, also, for all the unexpected things that make our lives better; we are grateful too for all the difficulties of life, the sorrows and hardships, for by them and through them we enter more and more deeply into the meaning of existence and a greater appreciation for your saving grace.

In your name we pray.