

**Cheryl Cantrall**  
All Saints' Episcopal Church – Lakeland, FL  
Diocese of Central Florida

I was born in Kentucky, came to see the beach and as they say, “if you get sand in your shoes you will stay” and so did my family. A former Baptist turned Episcopalian I have been a member of All Saints' in Lakeland, FL over 30 years. I was married to Matthew there 20 years ago. We have two children, Shawn and Shannon, and 8 grandchildren.

I have been in the Home Health field over 20 years and am the Office Manager for Comfort Keepers Home Health.

At All Saints' I use to joke that I had done everything but preach but the vergers had to prepare an “emergency” sermon (and give it) just in case a priest was unable to be present at any service so I can't say that anymore. This leads me to say I have been the Church Administrator, Sunday School Director, Lay Eucharistic Minister and Visitor Trainer, Lector Warden and Vestry member. Besides being a Verger for 12 years I am currently the Wedding Coordinator, an Altar Guild member, Worship Council Director, D.O.K, member and do scheduling for numerous Subdeacons and Chalice Bearers. I became a Fellow of the Guild at the 2013 Nashville Conference.

After the 2009 San Diego Conference I was asked by then President, Margaret McLarty, if I would become the Membership Chairman (which is not an elected board position) for the VGEC and have served in this capacity since then. We have made many changes in the way we process memberships and are virtually online in many aspects of our membership management. Two visions I have for the future of the VGEC are to bring as many parishes on board as possible and to reach out to those vergers who are not part of our guild. We have a great website and copious amounts of information to be shared via membership in the guild. We have over 2,500 names in our membership database at this time and we need to reach those other vergers who miss out on so much by not being a member.

By virtue of the By-law changes made in Nashville I am currently the Board Secretary.

Thank you for the privilege of being nominated.